



PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

FRENCH TOAST WITH MAPLE SYRUP

¼ cup flour

1 tablespoon granulated sugar

½ teaspoon ground cinnamon

¼ teaspoon salt

1 cup milk

3 large eggs, beaten

1 teaspoon vanilla extract

Vegetable oil for frying

12 slices bread, thick sliced

Maple syrup and powdered sugar

1. In large bowl, combine flour, granulated sugar, cinnamon, and salt. Slowly whisk in milk. Add eggs and vanilla; whisk until smooth.
2. Heat griddle or large skillet over medium heat and then lightly oil.
3. Dip bread into egg mixture until well coated.
4. Place bread slices on griddle and cook until golden brown on each side.
5. Serve hot with maple syrup or powdered sugar.

Make 6 servings.

