



PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

RED, WHITE AND BLUEBERRY FRUIT SALAD

2 cups fresh strawberries

3 tablespoons honey

1 package (6 ounces) fresh blueberries

1 tablespoon fresh lime juice

1 red apple

1. Remove caps from strawberries. Slice berries and place in medium bowl. Add blueberries.
2. Cut apple in half; use melon ball cutter to remove core. Cut each apple half into bite-sized pieces. Place apple in bowl with berries.
3. In small bowl, stir together honey and lime juice. Drizzle over fruit and toss until well mixed.
4. Let stand for 15 minutes to develop flavors.

Makes 6 servings.

