



Title of Session/Theme: SHOW-ME STATE PRIDE

Time of Video: 34 minutes, 57 seconds

Music Therapist: Ashley Warmbrodt, MA, MT-BC

Music Therapy Goals/Objectives/Purpose:

- ♪ Social
 - Practice greetings
- ♪ Communication
 - Opportunities for expressive communication (verbal words, ASL, AAC, pointing)
 - Learn and practice using new ASL signs
- ♪ Physical
 - Stretch and relax muscles
 - Simple gross motor movements
 - Fine motor coordination
- ♪ Wellness
 - Practice deep breathing
 - Practice relaxation
- ♪ Cognitive
 - Decision making
 - Memory
 - Creativity

Music Therapy Interventions Implemented:

1. Hello Song
2. Stretching/Breathing Song
3. Conversation Song: "Get To Know One Another"
4. "Oh Shenandoah" – ASL signs and discussion
5. "Meet Me in Saint Louis" – sing-along, discussion, and create drawing (optional)
6. Goodbye Song

What You Need/Equipment:

- ♪ Blank paper (optional) – may need staff/family support to complete task
- ♪ Markers, crayons, colored pencils, or pens (optional) – may need staff/family support to complete task