



PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

AVOCADO SALSA

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| 1 ripe avocado, pitted, peeled and diced | ½ teaspoon garlic salt |
| 1 large tomato, diced and drained | ½ teaspoon sugar |
| 3 green onions, thinly sliced | 1/8 teaspoon ground cumin |
| 1 tablespoon freshly squeezed lime juice | 1/8 – ¼ teaspoon hot pepper sauce |
| 1 teaspoon chopped fresh cilantro or parsley | Tortilla Chips |

1. In medium bowl, combine all ingredients except chips and stir gently.
2. Cover and refrigerate for several hours.
3. Serve salsa with chips.

Makes about 2 cups salsa.

