

PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

BLUEBERRY BANANA DOG TREATS

1 1/3 cups whole-wheat flour 1 egg

½ cup rolled oats 1/3 cup natural almond butter

1 banana, mashed (unsweetened/unsalted preferred)

½ cup fresh blueberries, chopped

1. Preheat oven to 325 degrees F. Line baking sheet with parchment or silicone baking mat.

- 2. Chop blueberries and mash banana.
- 3. Put 1 cup whole wheat flour, oats, banana, blueberries, egg, and almond butter in large bowl. Mix together well. Use additional 1/3 cup flour as needed to form a workable dough.
- 4. Turn dough out onto floured wax paper. Use your hands to press to ½ inch thickness.
- 5. Use cookie cutter to make desired treat shapes.
- 6. Bake at 325 degrees F for 15 minutes.
- 7. Remove from oven and allow to cool completely.
- 8. Store treats in airtight container in the pantry for a week, or in the refrigerator for 2 weeks.

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