



## **PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM WITH BOBBY & CLAUDIA DEEN**

### **ANNA BANANA'S WAFFLES**

1/3 cup milk

2 eggs

¾ cup oats

2 ripe bananas

1 tablespoon coconut oil

1 tablespoon flax

½ baked sweet potato (no skin)

1. Blend the milk, eggs, oatmeal, bananas, coconut oil, flax, and sweet potato together.
2. Heat waffle maker.
3. Spoon waffle batter into heated waffle maker.
4. Remove once cooked through and golden brown.
5. Top with desired garnishments like fresh fruit and powdered sugar.

Makes 6 waffles.