

## PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

## **CROCKPOT CHEESEBURGER SOUP**

1 pound lean ground beef

4 small russet potatoes, peeled & diced 3 tablespoons butter

1 small white or yellow onion, chopped 1/4 cup all-purpose flour

1 cup shredded carrots 2 cups milk

½ cup diced celery ½ teaspoon salt

1 teaspoon dried basil ½ teaspoon black pepper

1 teaspoon dried parsley 1 package (16 oz) Velveeta processed

cheese, cubed OR 2 cups shredded

3 cups chicken broth cheddar cheese

1. Place potatoes, onions, carrots, celery, dried basil, and parsley in a large crock pot. Pour chicken broth over vegetables. Cover with lid. Cook on low heat 6 to 8 hours OR on high heat for 4 to 5 hours or until potatoes are tender.

- 2. About 45 minutes before serving, cook and crumble ground beef in a large skillet over medium-high heat. Drain any grease. Pour cooked ground beef into crock pot. Carefully wipeout hot skillet with a paper towel then add butter. When butter is melted, whisk in flour and cook until golden brown and bubbly (about 1 minute). Whisk in the milk, salt and pepper. Pour mixture into the crock pot and stir to combine everything.
- 3. Add the cheese to the crock pot. Stir again. Cover with lid and cook another 30 minutes or until cheese is melted.
- 4. Serve and enjoy! Serves 6 8.