



PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

FLAGSTAFF CACTUS COOLER

1/3 cup lime juice (about 2 limes)

¼ cup sugar

1 ½ cups apricot or peach nectar

1 can (6 ounces) frozen pineapple juice concentrate, partially thawed

1 can (6 ounces) frozen limeade concentrate, partially thawed

1 bottle (32 ounces) natural sparkling water, chilled

1. In 2-quart pitcher, combine lime juice and sugar. Stir in nectar and juice concentrates.
2. Add sparkling water just before serving.
3. Pour over crushed ice to serve and garnish with pineapple wedge or whole fresh berry, if desired.

Makes 10 – 6 ounce servings.

TIP: Freeze remaining peach nectar for another use.



