

## PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

## **MEXICAN BURGERS**

1 pound ground beef Kosher salt

½ pound chorizo Fresh cracked pepper

½ cup crumbled queso fresco or cotija + Olive oil (for browning buns and cooking

more for serving burgers)

½ cup fresh chopped cilantro For serving:

1 tablespoon cumin 4-6 brioche buns

2 teaspoons diced chiles in adobo Easy Pico de Gallo

1 teaspoon garlic powder Creamy Avocado Sauce

1 egg Chipotle Slaw

1. Add beef, chorizo, queso fresco, cilantro, cumin, chiles in adobo, garlic powder, egg and a large pinch of salt and pepper.

- 2. Use your hands to combine everything together but be careful to not overmix.
- 3. Gently form 4-6 burger patties from the burger mixture and set them aside.
- 4. Heat about a tablespoon of oil in large sauté pan over medium heat.
- 5. Toast buns in batches, placing them cut side down in oil. Cook for 1-2 minutes or until the cut side of the bun is crisp and slightly golden brown. Set aside.
- 6. Heat 1-2 tablespoons oil in large sauté pan over medium high heat. Cook burgers for about 3-4 minutes per side or until they form a dark brown crust on each side.

7. Assemble burgers by spreading a thin layer of Avocado Sauce across the bottom bun. Then place the burger on top. Top that with Chipotle Slaw, Pico de Gallo, and a sprinkle of crumbled queso fresco. Add the top bun and enjoy!

Makes 4 – 6 servings.

## AVOCADO SAUCE

2 avocados, pitted and diced Juice of 2-3 limes

1/4 cup sour cream Kosher salt, to taste

1/4 cup fresh cilantro leaves Splash of water

1. Add avocado, sour cream, cilantro, lime juice, a large pinch of salt, and a splash of water to a food processor.

2. Process until it forms a smooth, creamy consistency.

3. Season to taste with salt and enjoy! Makes 8 servings.

## **CHIPOTLE SLAW**

½ cup sour cream (or plain full fat Greek 2 teaspoons diced chiles in adobo

yogurt) 2 teaspoons honey

3 tablespoons lime juice Kosher salt

Zest of 1 lime Fresh cracked black pepper

2 tablespoons mayonnaise
12 oz. broccoli slaw

2 tablespoons fresh chopped cilantro

1. To a medium bowl add sour cream, lime juice, lime zest, mayonnaise, cilantro, chiles in adobo, honey, and a large pinch of salt and pepper. Whisk until combined.

2. Add broccoli slaw and stir to combine until everything is well coated in the dressing.4 Makes 8 servings.

Recipe by: Kylie midwestfoodieblog.com