

PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

MINTY FRESH BREATH DOG TREATS

1 cup Plain Greek yogurt

¼ cup mint

¼ cup coconut oil¼ cup green apple, chopped small

1/4 cup parsley

- 1. Blend together the yogurt, mint, parsley, and coconut oil.
- 2. Mix in chopped apples.
- 3. Pour mixture into ice cube tray or silicone mold. Freeze overnight or until frozen through (5–6 hours).
- 4. Remove from molds and store in an airtight container in the freezer.
 - Mint should be given in moderation no more than a few leaves a day. And never give your dog English/European pennyroyal mint as it can be toxic.
 - Apples are safe for dogs as long as the seeds and cores are removed.
 - Dogs should only have a limited amount of dairy. Please only give these treats in moderation.

Recipe by: Lori Taylor

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