

PUJOLS FAMILY FOUNDATION BATTER UP COOKING PROGRAM

PEANUT BUTTER & HONEY CEREAL BARS

½ cup crunchy peanut butter, well stirred

½ cup honey

3 cups toasted whole grain oats cereal

- 1. Line an 8x8 inch square pan with parchment.
- 2. Combine peanut butter and honey in a large saucepan and set over medium heat. Heat until mixture just starts to simmer, about 2-3 minutes, stirring.
- 3. Remove from heat and stir until mixture is well combined.
- 4. Stir in cereal until evenly coated. Pour mixture into prepared pan, cover with parchment, and press firmly.
- 5. Let set for 1 hour. Cut into bars.

Makes 9 bars.

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